

GARBICZ FESTIVAL

30 JULY - 03 AUGUST

SAMBA CAMP

GUIDE 2026



10 YEAR
ANNIVERSARY

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PRINCIPLES

1. Embody raw authenticity

I will show up fully and be true to how I feel. I will hold space and make others feel safe to express themselves. Joy, silliness and lightness are as welcome as sadness, anger or other shadow energies.

2. Own my energy

I take ownership for myself. I will check in with myself, aiming to understand why I do what I do and what I need to process. I will take care of how I impact others, looking to have a soothing or invigorating impact on my brothers and sisters.

3. Receive the love

As I share my love, I will also open to receiving it from the community, even where that might feel raw at times. I know that I am valued, respected and loved by our members.

4. Be in service of love, expansion and enlightenment

Garbicz is a cradle of fun and dance, moments of ecstasy and sensuality. Yet there is a higher purpose behind all of this, a window into a world where we live together in real harmony. I will not forget this higher vision.

5. Contribute my gifts

Our community is based on gifting. I will contribute my gifts, whether a special skill or workshop, camp shifts to which I commit, or material and creative gifts I share. I will also manifest the subtle gift of my presence and care throughout.

6. Take care of my home

I see the camp and the entire festival as my home, treating it with deep respect. I clean up after myself and even after others if needed, I am mindful of the rest of others, and I add all the beauty and vibe I can.

7. Stay healthy

I will prioritize my and others' health, hydrate and nourish myself, sleep and consume consciously, with intention. I will say if I don't feel well, knowing that my camp mates are there for me.

8. Bring the bliss back home

Garbicz is a fertile land of energy, bliss, love and vibrations. I will bring this charge home, to share it with my loved ones and community at home. Homewards and onwards, I will sprinkle the magic on my path.



**DISCOVER
OUR
PROGRAM
AND
EXPLORE
WHAT IS
GOING ON**



PROGRAM

A carefully curated program throughout Thursday until Sunday awaits you at the camp. Read more about the sessions further below. Next to our program we also offer selected and limited 1:1 sessions you will find on the next pages. Mark your favorites and make sure you don't miss our camp party on Saturday!

THURS
DAY
30

TIME	WHAT'S GOING ON
10.00 – 11.00	Tea ceremony <i>Tea Tipi</i> with Moritz & Anna
18.00	Circle of Life – Camp opening moment
18.30 – 20.00	Camp Warming Boogie with Brian – We Are Galaxies (DJ Set)
19.00 – 20.00	Tea ceremony <i>Tea Tipi</i> with Moritz & Anna

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FRI
DAY
31

10.00 – 11.00	Tea ceremony <i>Tea Tipi</i> with Moritz & Anna
11.00 – 12.15	Mind Magic morning with Alice
13.00 – 14.30	Becoming a Forest with Laura
14.30 – 16.00	Funky Session with Walashi (DJ Set)
19.00 – 20.00	Tea ceremony <i>Tea Tipi</i> with Moritz & Anna
20.00 – 21.30	Rafael De La Cruz on the Decks (DJ Set)



PROGRAM

SATUR DAY 01

TIME	WHAT'S GOING ON
10.00 – 11.00	Tea ceremony <i>Tea Tipi</i> with Moritz & Anna
12.00 – 19.00	Hakuna Matata – Camp Party
19.00 – 20.00	Tea ceremony <i>Tea Tipi</i> with Moritz & Anna

SUN DAY 02

10.00 – 11.00	Tea ceremony <i>Tea Tipi</i> with Moritz & Anna
11.00 – 11.30	Cleanse & Restore Breathwork with Eva Kaczor
11.45 – 13.30	Turiya Meditation Journey with Giuseppe and music by Manfredi 大人
19.00 – 20.30	Cosmic Sunday Dance with Cosmo Gonik
19.00 – 20.00	Tea ceremony <i>Tea Tipi</i> with Moritz & Anna



WHAT IS GOING ON

TEA CEREMONY

As the “first medicine” of Chinese medicine, the tea plant is here to detoxify, to relax and to help you focus on what’s here right now. To fly high in the clouds of a festival’s magic is wonderful, yet bringing this energy home, growing it into lasting connections and integrated realisations and matching the strain on one’s body with a high level of care is crucial to really making the experience “worth it”. We want to create a space for all the little Simbas and Nalas to arrive home and gather their strength before heading out exploring their kingdom, knowing there is a hot tea and someone to listen to the stories of their adventures waiting back home.

with Moritz and Anna

MINDMAGIC MORNING

Start your day with intention through yoga, gentle breathwork, manifestation, and the mindmagic ritual drink experience. Together we’ll awaken the body, regulate the nervous system, and create clarity before stepping into the festival day. Expect an uplifting blend of movement, mindfulness, connection, and conscious intention, followed by a cup of mindmagic coffee, mesquite, or cacao. A space to reconnect with yourself, elevate your energy, and begin the day feeling grounded, focused, and inspired.

by Alice

BECOMING A FOREST - WITH AMANITA MUSCARIA & OTHER ALLIES

Come here for (r)est. With our little mushroom friends we’ll go on a journey into our own bodies, exploring the beautiful polybeing we are: an ecosystem woven from countless living relationships, allowing us to soften and remember our innate connection to soil, forests, and nature. Once we’ve reached this state, you’re invited to explore your human roots to connect to the roots of another being. Through eye gazing, gentle touch and quiet presence we’ll experience our eyes and hands as energetic pathways, sensing how naturally energy flows between us when we soften our boundaries and remember that separation is, perhaps, only an illusion.

Every forest is a living network, and so are we.

with Laura



WHAT IS GOING ON

HAKUNA MATATA - CAMP PARTY

It means no worries. *And we mean it too!* Celebrating Life and each other. Sounds served fresh by the musical souls of our own community and surprises for all senses. A day to toast to everyone who ever carried a tent pole, poured a tea, held a stranger who became family. So dress up, show up, slurp an oyster, raise a glass – and leave your worries at the door.

CLEANSE & RESTORE BREATHWORK

Detox your body with cleansing breathwork and restore your nervous system with a soothing meditation. Guided by Eva Kaczor, the founder of PSYCHEDELIC BREATH, you will feel ready for a fresh approach to the dancefloor after

with Eva Kaczor

TURIYA MEDITATION JOURNEY

Hākunā Matāta is an experimental meditation journey following the Turīya method. The intention for this journey is to bring up a sense of interconnectedness with all the web of life which animates our planet and rethink ourself as part of this unseparated living network.

with Giuseppe (Qualiteam prod.)

COSMIC SUNDAY DANCE

As both DJ and guide, Cosmo weaves together warm, uplifting, and untamed rhythms to create immersive musical journeys that can become deeply cathartic. Rooted in the transformative power of movement, each session naturally opens the door to the therapeutic dimension of dance, offering a space for freedom, connection, and release.

Cosmic Dance is a free form dance experience that invites participants into a state of full presence, without alcohol, cigarettes, or phones.

with Cosmo Gonik





**TREAT
YOURSELF
WITH OUR
1:1 BOOKINGS**



TAROT SESSION WITH COSMO GONIK AT

SIMBA CAMP

A disciple of Alejandro Jodorowsky, Cosmo has practiced the Tarot for over two decades in Paris. Trained by both Alejandro and his son, Cristóbal Jodorowsky, he embraces their vision of Tarot not as a tool for divination, but as an act of service, one that invites awareness, transformation, and deeper self understanding.

For Cosmo, Tarot is a symbolic language that creates a space for dialogue between the conscious and the unconscious. Rather than predicting the future, it helps illuminate the present, revealing hidden patterns, inner conflicts, and untapped possibilities. Each reading is conducted using the 22 Major Arcana, whose archetypal imagery serves as a mirror through which the querent can explore the intellectual, emotional, and spiritual dimensions of their life.

40 Minutes | 80€
at Community tent



[BOOK YOUR TAROT SESSION](#)



@cosmo_gonik



Massage & Bodywork

SIMBA CAMP | Garbicz Festival 2026

with Amelie & Sebastian

Relaxation | Deep Tissue | Brazilian Lymphatic

60 min – 100€

90 min – 150€



[Book your individual session](#)

Please bring a big towel or sarong to your session at the Wellness Tipi.



 [@amelieritter](#)

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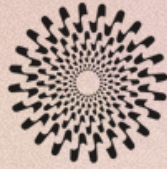


 [@sebastianwandt](#)

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4 hands massage scheduling available on site





alpha wave
experience



The Mirror is a design product used for bio-hacking neurotechnology, a tool for wellness on demand, made to optimise your mental and physical health.

The Mirror is a piece of interactive art that impact participants brainwave patterns, using light and sound frequencies to facilitate different states of consciousness.

Whether you're looking for serenity, improving concentration, better sleep, or more creativity, we have a dedicated program for it.





The Mirror alpha wave experience

PRIVATE SESSIONS AT THE TEA TIPI

Bookings available daily: **30 July - 02 August**
from 1pm until 6pm

➡ **Booking link 30 min — 46€**

➡ **Booking link 15 min — 26€**

➡ **Booking link 10 min — 18€**

➡ **Booking link 5 min — 10€**

Contact:

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COLLABORATOR

Please give a round of applause and some love & gratitude for all the beautiful collaborators who are part of this years SIMBA Camp!

gitti conscious
beauty



SUNDAY NATURAL

Michelberger's
**Fountain
of Youth**

anava

- MEZCAL -
AMARÁS®



mind
magic

 **JUNOON** AUDIO

**Prawn
P()RN**

IKAT
CACAO OF FLORES

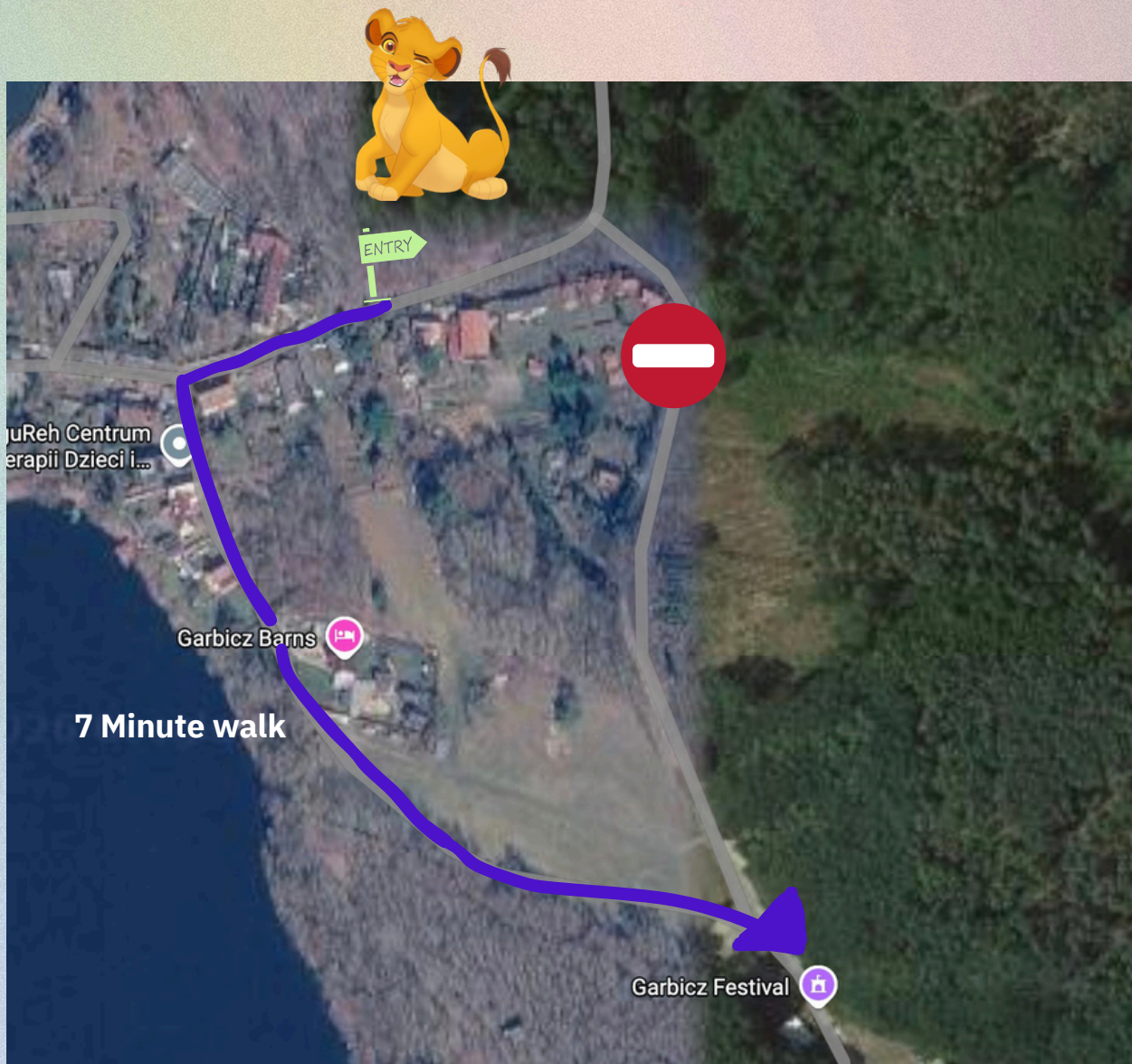
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d8**



@yoshien
*/yoshien



CAMP LOCATION



OUR CAMPING GROUND ON GOOGLE MAPS

IMPORTANT – please take the purple marked path to go to the festival and back to camp as the other one is closed for pedestrians. When you walk outside the camp, turn right.

YES, you can invite your friends to the camp – they will get a stamp at the entrance



YOUR HOME BASE

Your festival home base

More than a camp we aim to be the space where you feel at home during the fun days of Garbicz festival. A place where you can make yourself a coffee, chat with your neighbours and recharge. A place where we are all equally responsible for it to be nice and clean and cozy at all times. **And this is what you find in your temporary home:**

Community Tent

Your festival living room, kitchen corner and get ready station. A space that offers a small curated camp program, spontaneous activations, very deep talks, shared meals and late-night chill. SIMBA is whatever we make of it. YOU are part of this. Please reach out if you want to bring some magic to the camp.

Tea Tipi

The space to calm down and reset with a cup of tea and some soft ambient music. Experience a tea ceremony or other magical moments of ritual.

Wellness Tipi

Pre-book on of our well-being offerings to recharge and relax during the festival. We will share the available menu a week before the festival starts.

Camp Showers & Bathrooms

Clean, comfortable, and directly next to our camp – warm in the morning, not so warm anymore later during the day. Shower smart.

Polish food offering

Throughout the day there will be a selection of polish food available next to our camp, which you can buy on own expenses.



SIMBA CAMP

2026



SEE YOU IN
THE MAGIC
FOREST

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